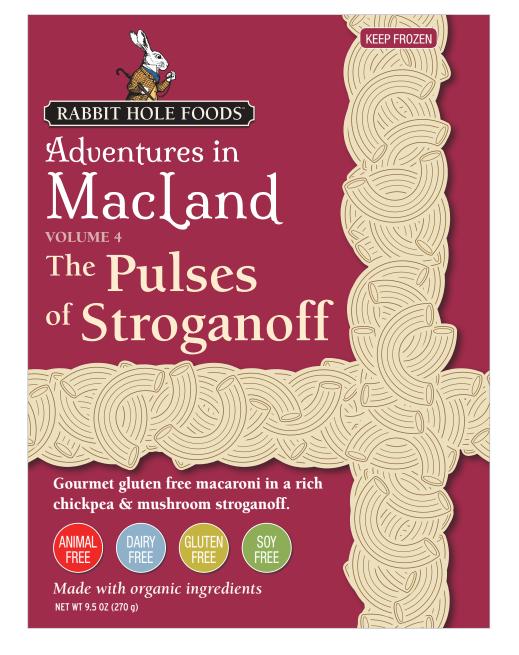


FROZEN READY-MADE PREPARED MEAL PRODUCTS



Adventures in MacLand The Pulses of Stroganoff



DIRECTIONS:

CONVENTIONAL OVEN: 1) Preheat oven to 375° F. 2) Remove sleeve and plastic from tray. 3) Place tray on a baking sheet and heat for 25 minutes or until heated through. 4) Let sit for 1 minute before serving.

MICROWAVE (1100W): 1) Remove sleeve and plastic from tray. 2) Place paper towel on tray. 3) Heat for 4 minutes. 4) Let sit for 1 minute before serving.

INGREDIENTS:

STROGANOFF SAUCE (WATER, *GARBANZO BEANS, *MUSHROOMS, *ONIONS, *CASHEWS, *LIQUID COCONUT AMINOS, BALSAMIC VINEGAR, [WINE VINEGAR, COOKED GRAPE MUST, CONTAINS NATURAL SULFITES1, *TAPIOCA FLOUR, *MOLASSES, *EXTRA VIRGIN OLIVE OIL, *GARLIC, NUTRITIONAL YEAST, SEA SALT *SESAME OIL, LIQUID SMOKE (WATER, NATURAL MESQUITE SMOKE FLAVOR, VINEGAR, MOLASSES, CARAMEL COLOR], *SPICES), PREPARED NOODLES (*WHITE RICE FLOUR, *QUINOA FLOUR, WATER). *INDICATES ORGANIC INGREDIENTS

ALLERGY STATEMENT:

THIS PRODUCT CONTAINS CASHEWS AND WAS PRODUCED IN A FACILITY THAT PROCESSES ALLERGENS.

Prepared at

RABBIT HOLE FOODS®

3315 Kimber Drive. Unit E Thousand Oaks, CA 91320 USA









Serving Size: 4.75 (135g) Servings Per Container: 2

Amount Per Serving

Calories from Fat 45 Calories 200

% Daily Value*

	,
Total Fat 5g	8%
Saturated Fat 1g	E 0/

Trans Fat 0g Cholesterol 0mg

10% Sodium 250mg

otai	Carbohydrate 34g	11%
Diet	arv Fiber 3g	12%

Protein 7a

Vitamin A 0%	•	Vitamin C 4%	
Calcium 4%	•	Iron 10%	

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25a	30a

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